

Can insurance pay for counselling at Insight Counselling Services? Yes.

Most insurance providers recognize **Registered Professional Counsellors** to be qualified for insurance reimbursement. Russell Webb is a Registered Professional Counsellor through the **Canadian Professional Counsellors Association**. His registered professional number is: **3709**. CPCA Counsellors have been reimbursed by insurance providers across Canada, such as (1) Pacific Blue Cross, (2) Pacific Life, (3) Sunlife, (4) Great West Life and (5) Manulife to name a few, who recognize members of the Canadian Professional Counsellors Association and provide reimbursement of expenses for their clients.

However, it is important that you contact your Insurance provider prior to starting counselling to ensure that you can be reimbursed. Please note that payment to your counsellor is at the time of the session. Your reimbursement comes upon submitting your receipts to your insurance provider. The information your insurance provider may need is below:

Your Counsellor's Name: Russell Webb
Business Name: Insight Counselling Services
Business Address: 17 Dunmore Road, Medicine Hat, AB, T1B 1Z5
Business Phone: (403) 529-7255
Email Contact: russ.insightcounselling@gmail.com
Website: www.insightcounsellingservices.ca
Counsellor's Credentials: M.A. R.P.C.

Registering Association: Canadian Professional Counsellors Association
CPCA Website: www.cpcarpc.ca
Member Association Number: 3709

Registering Association: Association of Counselling Therapists of Alberta (ACTA) which upon government proclamation will become the Alberta College of Counselling Therapy under the Health Professions Act of Alberta
ACTA Website: www.acta-alberta.ca
ACTA Registration No: 1018

Counsellor's Education:

- Bachelor's Degree in Psychology from Trinity Western University;
- Master's Degree in Counselling Psychology with a focus on adult counselling and marriage and family therapy from the University of British Columbia (UBC)
- Is a Professor at Medicine Hat College (www.mhc.ab.ca) since 2007 who teaches in the Addictions Counselling Program

If your specific insurance provider still refuses to reimburse your counselling expenses, your counsellor, can also send a letter to your insurance provider (with your written permission) to advocate on your behalf.

If you have "Health Spending Account" or "Wellness Spending Account" as a part of your insurance coverage, you may submit your counselling receipts for reimbursement through that part of your insurance. Contact your Insurance provider for how to do this.

If all of the above is not an option for you, please keep all of your counselling receipts for submission on your taxes as a health care expense.

I hope this is helpful to you.